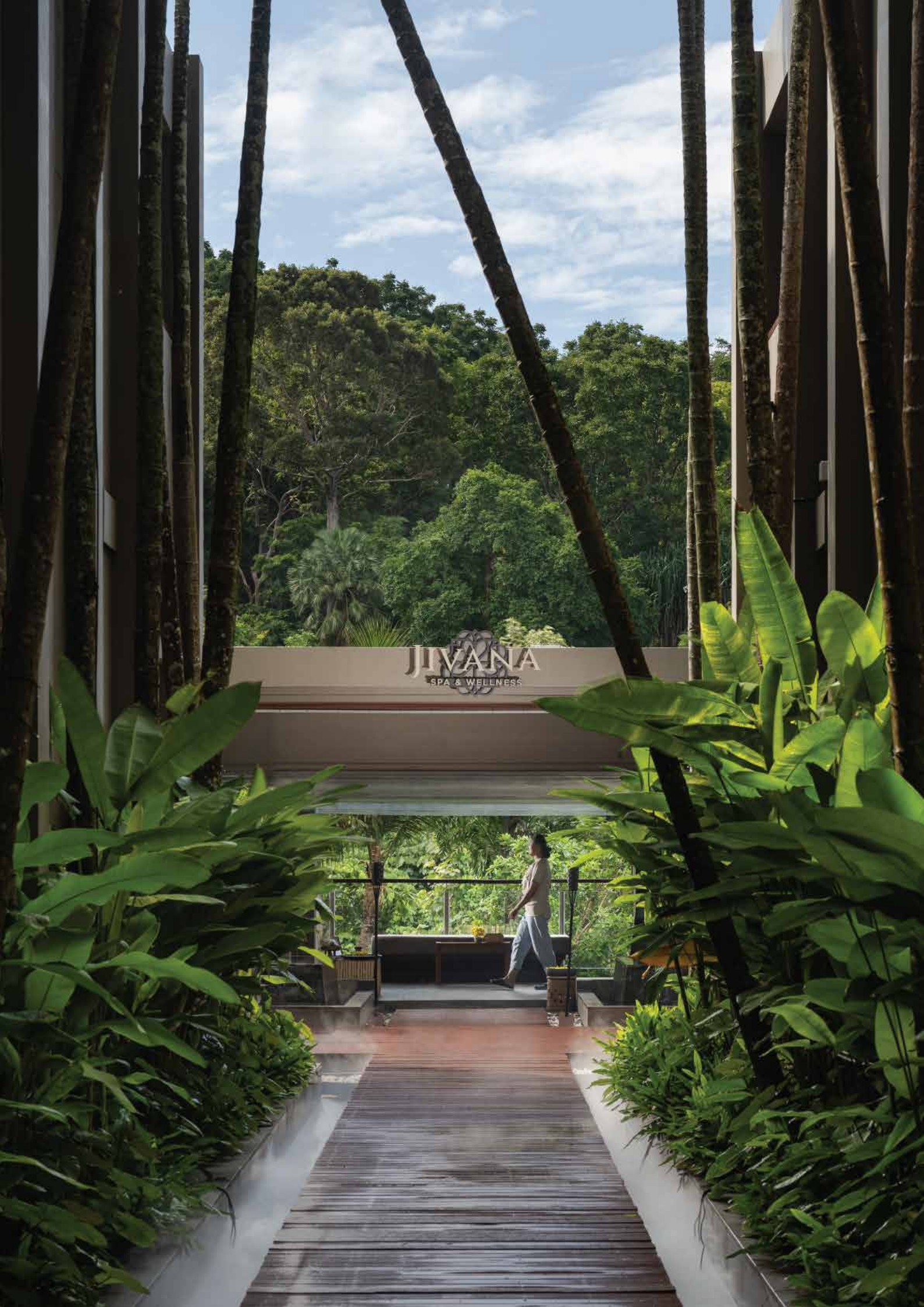




Immerse in the Essence of Aqua Vitality



JIVANA
SPA & WELLNESS



Welcome to JIVANA SPA

At Jivana Wellness Spa, our philosophy intertwines the fluid grace and rejuvenating power of water with 'Jivana' - a word that whispers the eternal flow of vitality - to guide you back to life's inherent fullness.

Experience a sanctuary where water's timeless flow inspires a transformative journey of mindfulness and renewal. Here, we help you reconnect with Jivana by harnessing the subtle energies of water to encourage a profound connection with the present as you engage with the fluidity of life. With each soothing aqua-inspired treatment, find your thoughts drifting to a place of peace, emerging refreshed and aligned with the calming rhythm of nature.

In this tranquil haven, we embody the purity of aqua, offering treatments that nourish and invigorate. Jivana Wellness Spa is where you rediscover life's vibrant flow, reconnect with your inner wellspring of vitality, and awaken to the clarity and joy of being.

For couples seeking a shared escape, Jivana becomes a haven of intimacy and togetherness. Our serene couple's therapies and soothing rituals create a deeply romantic sanctuary, ideal for honeymoons, celebrations, or simply reconnecting. Here, love flows as effortlessly as water, inviting partners to unwind, rejuvenate, and embrace moments of pure bliss in a beautiful, peaceful, and soul-soothing setting crafted just for two.

SIGNATURE COUPLES Journeys

ROMANCE RITUALS FOR BODY, MIND & SOUL



Begin your romantic journey with our curated spa experiences. Each crafted to awaken intimacy, serenity, and sensual indulgence. Every ritual blends timeless healing with modern luxury, creating moments of connection for body, mind, and soul.

❁ Jivana Package (Single / Couple 180 mins 5,900 / 9,990)

A holistic escape designed to nurture and renew through a complete sensory awakening. Each element flows seamlessly into the next, creating balance, clarity, and radiance within.

- **Steam – 15 mins**
Warm, aromatic steam opens pores, gently preparing your body to absorb the benefits of each ritual that follows.
- **Oatmeal Honey Scrub – 30 mins**
A gentle exfoliation with pure oatmeal and honey, rich in natural enzymes that hydrate and polish, leaving skin satin-smooth and glowing.
- **Jivana Signature Massage – 60 mins**
A symphony of flowing strokes and therapeutic pressure that melts away fatigue, realigns energy, and restores a profound sense of calm.
- **Nourishing Facial – 60 mins**
A rejuvenating ritual that replenishes moisture and awakens radiance, unveiling skin that feels refreshed, firm, and illuminated.
- **Milk Bath – 15 mins**
The journey concludes in a luxurious milk bath — warm, aromatic, and deeply soothing leaving your skin supple and your mind serene.

A signature experience embodying Jivana's philosophy of balance, beauty, and inner harmony.

❁ Royal Siam Reverie **RECOMMENDED** (Single / Couple 180 mins 5,900 / 9,990)

An exquisite journey inspired by royal Thai traditions. A refreshing scrub and wrap are followed by a deeply restorative Thai massage, herbal compress, and aromatic herbal bath.

- **Coconut Ginger Scrub – 30 mins**
A revitalizing blend of coconut and ginger gently exfoliates the skin, removing impurities while awakening the senses with its warm, tropical aroma.
- **White Mud Wrap – 30 mins**
Rich white mineral mud envelops the body in deep nourishment, helping to purify, soften, and restore the skin with a cooling sense of calm.
- **Thai Massage – 75 mins**
Traditional Thai techniques combine rhythmic pressure and stretching movements to release tension, improve flexibility, and restore natural energy flow.
- **Herbal Compress – 30 mins**
Warm herbal poultices infused with traditional Thai botanicals soothe tired muscles, ease stiffness, and leave the body feeling comforted and renewed.
- **Herbal Bath – 15 mins**
A fragrant herbal bath infused with natural Thai botanicals gently relaxes the body and mind, creating a peaceful moment of warmth and tranquility.

All prices are per person, quoted in Thai Baht and are inclusive of service charge and government taxes.



SIGNATURE COUPLES Journeys

ROMANCE RITUALS FOR BODY, MIND & SOUL



Begin your romantic journey with our curated spa experiences. Each crafted to awaken intimacy, serenity, and sensual indulgence. Every ritual blends timeless healing with modern luxury, creating moments of connection for body, mind, and soul.

❁ **Spirit Serenity Ritual** (Single / Couple 90 mins 3,000 / 5,700)

A soulful escape that begins with a full-body aromatic massage, followed by a gentle foot or head massage. Let tension dissolve as stillness settles, leaving your mind clear and your spirit renewed.

- Aromatherapy Massage – 60 mins
- Foot Massage or Indian Head Massage – 30 mins

❁ **Thai Herbal Compress Massage** (Single / Couple 90 mins 3,200 / 5,900)

Inspired by Thailand's ancient healing wisdom, this ritual harmonizes energy flow through a fusion of Thai massage and herbal compress. Experience the balance of strength and serenity.

- Thai Massage – 60 mins
- Herbal Compress – 30 mins

❁ **Herbal Harmony Ritual** (Single / Couple 90 mins 3,500 / 6,200)

A warm herbal compress melts away deep-seated tension, while the soothing aroma of essential oils restores the body's natural equilibrium.

- Aroma oil Massage – 60 mins (Lemongrass oil)
- Herbal Compress – 30 mins

❁ **Rejuvenation Radiance Ritual** (Single / Couple 90 mins 3,500 / 6,200)

This invigorating body polish and massage duo renews and revitalizes. Gentle exfoliation unveils soft, supple skin, followed by a relaxing aromatic massage that restores balance and vitality.

- Body Scrub – 30 mins
- Aromatherapy Massage – 60 mins

❁ **Honeymoon Bliss** (Couples) (120 mins 7,950)

A romantic escape designed to celebrate connection and intimacy through a harmonious flow of touch, scent, and stillness.

- **Body Scrub – 30 mins**
A gentle exfoliation using natural botanicals that renew the skin's texture, leaving it soft, polished, and delicately perfumed.
- **Aromatherapy Massage – 60 mins**
A synchronized dance of hands and heart — aromatic oils and graceful movements that soothe, balance, and deepen the bond between two souls.
- **Romantic Bath Ritual – 30 mins**
A tranquil soak surrounded by rose petals and candlelight — a serene ending to your shared journey of peace, tenderness, and quiet love.

Recommended for couples seeking renewal, celebration, or simply time together — an indulgent ritual that lingers in memory long after it ends.

All prices are quoted in Thai Baht and are inclusive of service charge and government taxes.



MASSAGE Rituals



- Thai Harmony Massage** (60 / 90 mins **1,800 / 2,400**)
An ancient art of acupressure and assisted stretching that enhances flexibility, energy flow, and mindfulness. A traditional Thai therapy that leaves you grounded, balanced, and renewed.
- Junior Serenity Massage** (60 / 90 mins **1,800 / 2,400**)
A gentle introduction to wellness for children aged 6–12. This nurturing massage promotes relaxation, restful sleep, and a sense of comfort — a soothing embrace for young minds and bodies. **Children age from 6 to 12 and all treatments must be accompanied by an adult.*
- Aromatic Calm Massage** (60 / 90 mins **2,300 / 2,900**)
A slow, rhythmic massage using aromatic essential oils to ease tension, enhance circulation, and quiet the mind. Surrender to the healing power of scent and touch.
- After Sun Recovery Massage** (60 / 90 mins **2,300 / 2,900**)
Ideal for sun-exposed skin, this cooling and hydrating massage with aloe vera and vitamin-rich oils soothes, nourishes, and refreshes — a gentle remedy after a day under the sun.
- Deep Renewal Massage** (60 / 90 mins **2,500 / 3,100**)
A firm therapeutic massage targeting specific areas of tension — neck, back, and shoulders — restoring ease of movement and profound relaxation.
- Jivana Signature Massage**  **BEST SELLER** (90 mins **3,300**)
Our hallmark ritual — a sensory fusion of flowing strokes, aromatic oils, and rhythmic pressure. This signature therapy reawakens balance and serenity, leaving you deeply renewed.
- Warm Aroma Candle Massage** (90 mins **3,300**)
A warm cascade of aromatic candle oil softly envelops your skin, melting tension and infusing radiance. A luminous ritual of light, warmth, and calm.
- Vibrational Sound Healing Massage** **NEW ADDITION** (90 mins **3,300**)
Let the resonant tones of singing bowls ripple through your being, harmonizing body and spirit. This meditative ritual balances energy, inviting deep inner peace.
- Foot Ritual** (30 mins **1,300**)
Revive tired legs and feet with this stimulating foot massage that improves circulation, restores energy, and grounds the body.
- Tension Relief Therapy** (30 mins **1,300**)
Focused care for the upper back, neck, and shoulders — this quick yet effective treatment releases knots, melts stiffness, and brings instant ease.
- Indian Head Harmony** (30 mins **1,300**)
Inspired by ancient Ayurvedic traditions, this relaxing head massage clears mental fatigue, promotes circulation, and induces a meditative calm.

All prices are per person, quoted in Thai Baht and are inclusive of service charge and government taxes.

JIVANA
SPA & WELLNESS





BODY Renewal Rituals

EXFOLIATE ❁ PURIFY ❁ ILLUMINATE



❁ **Coconut & Ginger Radiance Scrub** (60 mins **2,000**)

A tropical exfoliation that combines the nourishing essence of coconut with ginger's warming vitality. Leaves your skin satin-smooth and beautifully scented.

❁ **Oat & Honey Glow Scrub** (60 mins **2,000**)

Rich in natural vitamins, this soothing polish hydrates and replenishes dry or mature skin, revealing supple radiance.

❁ **Kaffir Lime & Yogurt Fresh Scrub** (60 mins **2,000**)

A refreshing fusion of lime and yogurt that revives dull skin and awakens your senses with a fresh, zesty aroma.

❁ **Coffee & Honey Body Scrub** (60 mins **2,000**)

Energizing and aromatic, this antioxidant-rich coffee scrub purifies the skin while honey adds a soft, dewy glow.

❁ **Aloe Vera Cooling Wrap** (60 mins **2,000**)

A calming cocoon of aloe vera soothes sun-kissed skin, deeply hydrating and refreshing from within.

❁ **White Mud Wrap** (60 mins **2,000**)

A silky body wrap enriched with mineral-rich white mud that purifies and nourishes. Your skin emerges luminous, smooth, and renewed.

All prices are per person, quoted in Thai Baht and are inclusive of service charge and government taxes.



FACIAL Illuminations

WHERE NATURE REVIVES RADIANCE



- ❁ **Mini Radiance Facial** (30 mins **1,800**)

A brief yet blissful renewal. Refresh, hydrate, and awaken your glow in just a few moments of self-care.
- ❁ **Moisturizing Facial** (60 mins **3,000**)

Perfect for dry, tired skin. Deep hydration meets gentle renewal, restoring softness, clarity, and youthful vitality.
- ❁ **Balancing Purity Facial** (60 mins **3,000**)

Designed for combination or oily skin, this clarifying ritual purifies pores, regulates sebum, and refines texture — a fresh, luminous complexion awaits.
- ❁ **Soothing Comfort Facial** (60 mins **3,000**)

A calming embrace for sensitive skin, using chamomile, corn, and root extracts to reduce irritation and fortify against daily stress.
- ❁ **Firming Youth Ritual Facial** (60 mins **3,000**)

An age-defying ritual that lifts, tones, and renews — restoring elasticity, vitality, and timeless radiance.

All prices are per person, quoted in Thai Baht and are inclusive of service charge and government taxes.

Restore Balance (120 mins **Single 3,445 | Couples 6,250**)

A thoughtfully curated wellness journey designed to calm the senses, restore inner harmony, and renew both body and mind through holistic healing rituals.



Tibetan Bowl Therapy 30 mins

Gentle vibrations from Tibetan singing bowls create a deeply meditative experience, helping to release emotional tension and restore energetic balance.



Aroma Therapy Massage 90 mins

A deeply relaxing massage using aromatic essential oils to ease muscle tension, calm the mind, and awaken a lasting sense of wellbeing.

NAIL Spa

Pamper yourself with our deluxe nail spa package, featuring nail care, exfoliation, massage, shaping, cuticle work, and premium nail colour choices.

Hand Spa (Manicure) (60 mins **1,500**)

Elegant hand care treatments designed for softness, beauty, and relaxation.

Foot Spa (Pedicure) (60 mins **1,500**)

Refreshing foot treatments that restore comfort and well-being.

Fingers & Toes (120 mins **2,500**)

Detailed nail care focused on clean beauty and refined finishing.

ADD ONS

Herbal Compress (30 mins **1,800**)

Warm herbal compresses infused with traditional Thai herbs soothe tired muscles, improve circulation, and bring comforting relief to the body.

Bubble Bath (30 mins **1,500**)

Sink into a luxurious bubble bath filled with soft foam and calming aromas, creating a moment of pure relaxation and indulgence.

Herbal Bath (30 mins **1,500**)

A soothing herbal infusion gently relaxes the body while natural botanicals refresh the skin and quiet the mind in serene tranquility.

Bath experience designed for a maximum of two guests.

Private Steam Room (30 mins **1,500**)

A private wellness space designed for deep relaxation and rejuvenation.

Condition: Advance Booking Is Highly Recommended.

All prices are per person, quoted in Thai Baht and are inclusive of service charge and government taxes.



ॐ नमो भगवते वासुदेवाय





SPA ETIQUETTE

To ensure a harmonious spa experience, we invite you to arrive 30 minutes prior to your appointment to *unwind* and prepare for your journey.

Our therapists will tailor each ritual to your comfort — please feel free to communicate any preferences for room temperature, music, *or* pressure.

We kindly request that mobile devices be *silenced* to preserve the spa's tranquility.

Your serenity is our devotion.

